

# WHY SHOULD STUDENTS ATTEND ONEJAX CLASSES AND WORKSHOPS?



- The workshops allow students the space to get to know their classmates beyond the surface.
- The OneJax workshops offer students the opportunity to practice healthy communication, empathy and understanding.
- OneYouth staff, which includes experienced educators who are passionate about what they do, creates an environment where students are seen, heard and loved for who they are.
- Workshops are dynamic, interactive, revealing and fun!
- Discussions can include difficult topics students struggle with every day, such as self-advocacy, self-reflection, honest and healthy communication with peers, vulnerability, discrimination, racism, etc.